

THE SEVEN AGES

Ian Handricks

0 to 7 years' old

- Learning the basics of life – walking, talking, eating and speaking
- Establishing our basic personality traits- learned from parents and others
- Body development – first teeth, major growth, eye colour, etc.
- Sensual learning – vision main source of knowledge
- Start of education
- Developing bonds with family
- Learning to play – learning from play

8 to 14 years' old

- School - Rapid intake of knowledge
- Establishing learning habits
- First sporting endeavours
- First scuffs, rough-ups and accidents
- Learning the importance of manners
- Adventurous play (tree climbing etc.)
- Beginning to collect things
- Establishing routine
- Asking questions

15 to 21 years' old

- Adolescence and puberty
- Higher education
- First romance
- Introduction to alcohol
- Learning complex skills
- Adventurous pursuits
- Rebellion – anti-parents, anti-establishment
- Experimentation
- Learning to drive
- Adopting a faith and belief system
- Learning about style, fashion and appearance
- Establishing preferences in music, the arts, literature, etc.
- Coming of age
- Holiday jobs
- Leaving home
- Overseas Experience

22 to 28 years' old

- Overseas experience
- Engagement and marriage
- Graduation
- Starting a career
- First home
- First child
- Adult behavior
- Re-bonding with parents
- Establishing a network
- Consolidating friendships
- Serious interest in politics

29 to 35 years' old

- Growing the family – more children
- Strengthening the marriage
- Achievements in career – rising in position
- Being a parent
- Planting the seeds of wealth-building
- Travel (with family)
- Beginning community service (being a coach, volunteering etc.)
- Being passionate about a hobby, sport or interest

36 to 42 years' old

- Peak of career opportunities
- Beginning to invest
- Dealing with older children issues (see 14 to 21 years' old)
- Dealing with marriage issues (infidelity, boredom, etc.)
- Trying to balance time (work-family pressures)
- Alignment to a political party
- Beginning to think of retirement planning

43 to 49 years' old

- Becoming bored with career
- Health issues creeping in (loss of hearing, vision difficulties, early cancer, aching limbs etc.)
- Marriage becoming stale
- Big payment items – childrens' weddings, investment properties, etc
- Best years for earning
- Travel with partner
- Serious involvement in hobbies, clubs, etc.

50 to 56 years' old

- Seriously concerned about forthcoming retirement
- Children have left the nest
- Downsizing the home
- Upsizing the waistline
- Move towards a more sedentary lifestyle
- Hair turning grey
- Reading glasses now essential (cataract op on the horizon)
- Winding down the career – no further opportunities for growth
- Becoming more tired, less worried and politically more neutral
- Health issues becoming concerning

57 to 63 years' old

- Likely to be made redundant
- Unable to think as fast as you used to
- Frustrated by small annoyances
- Becoming a grandparent
- Concerned about the clowns running the country
- Low-impact travel

64 to 70 years' old

- Retirement
- Boredom
- Health issues
- Slow death of romance
- Grandparent duties
- Hearing aids, reading glasses, walking sticks etc.

71 years' old +

- Retirement village
- Long slow days
- Mobility issues
- Maintaining health
- Common interest clubs
- Reminiscing
- Recording your past

